

LIMESTONE LODGE MEMORY CARE

EMBRACING THE JOURNEY...

A PERSON-CENTERED MEMORY CARE PROGRAM







WEAVING PERSONAL CARE INTO YOUR PARENT'S LIFE STORY







KEEP IT SIMPLE!

Experts strongly recommend the "Keep it Simple" approach to dementia care. The simplicity of our building ensures that resident's learn their way around quickly. The longest distance a resident travels from a bedroom to the common area is 36 steps! This minimizes agitation, confusion, sun downing and other distressing symptoms of dementia. The simple layout also ensures that leadership is not removed from the day-to-day operations and is directly involved in every aspect of the daily routines.

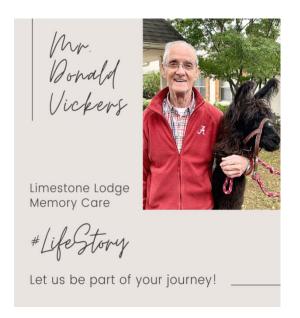
HONORING THEIR LIFE STORY

At Limestone Lodge Memory Care, Mom and Dad's life story is the starting place for personalized care.

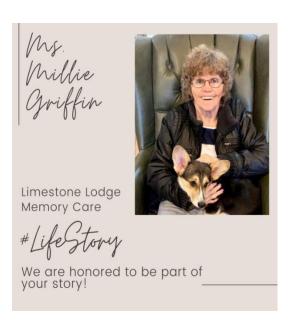
Our story-centered approach allows us to embrace your loved one's abilities, preferences, and rich past. Acknowledging a person's personal history is what allows older adults to maintain their respect, dignity and often, their connection to the world around them and the people they love!



Ms. Betty King was born in Sperry, Oklahoma on May 9, 1934. She was an only child to Max Thornberry and Sylvia Hassell. She lived with her mother until she was 5 years old, and then went to live with her grandparents. Ms. King was married to Claud Miller and had 2 children, a boy and a girl. She worked for Gulf Oil Company for 30 years. She enjoys Ball Room Dancing, reading, painting and sewing. She loves Country Music.



Mr, Donald Vickers was born in Tennessee on 12-26-1938. He was born to Andrew and Irene Vickers. He had 3 brothers and 3 sisters. Mr. Vickers attended Bible College and became a Baptist Preacher and Missionary. He said the best day of his life was when he married his wife. He has 4 children and several grandchildren. His favorite TV programs are MASH and the evening news. His favorite foods are grits and bacon.



Ms. "Millie" Mildred Griffin was born May 31, 1939 to Steve and Vera Garner of Anderson, AL. Millie met her husband, Jimmy, at International Papers, where she retired from after more than 30 years of service. They had 2 sons, Finley and Tony. She has seven grandchildren and numerous great-grands. Her hobbies include gardening, driving her tractor, dancing, being outside and cooking.

LET US BE PART OF YOUR JOURNEY!

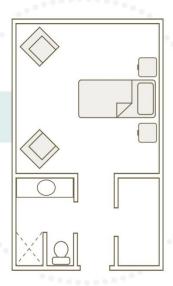
This isn't just a Memory Care Wing in an Assisted Living. We are a free standing community focused on the unique needs of dementia.

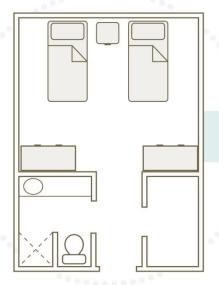
Limestone Lodge offers a comfortable home along with compassionate caregivers ready to lend a helping hand 24 hours a day. Choose from a private studio apartment or a semi-private deluxe studio.



LIMESTONE LODGE MEMORY CARE

STUDIO | 198 SQUARE FEET





SEMI-PRIVATE DELUXE STUDIO 222 SQUARE FEET



New is not always better...Limestone Lodge Memory Care is recognized as the areas best choice for dementia care and we have been providing memory care since 2004.

That's 16 years of dedication and experienced care!



Schor Advisor. Cons









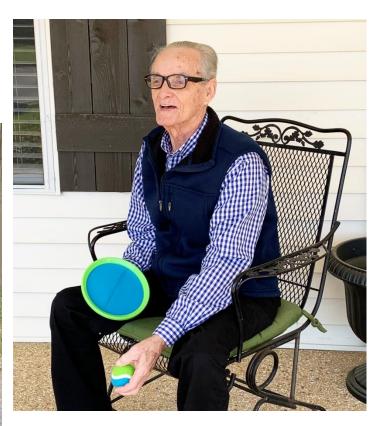
COMPANIONSHIP Because Limestone Lodge is small and has a close-knit family environment, your loved one will only have 15 neighbors. This ensures just the right amount of companionship without too much stimulation and confusion.















SUCCESS IS IN THE JOURNEY

Nothing is more important than to approach any activity as a chance to engage and involve your loved one with dementia and hopefully add to their life. It matters not the end result – what he or she paints or how it looks. What matters is "doing it."

We have scheduled activities planned around five needs:



Emotional &



Intellectual **



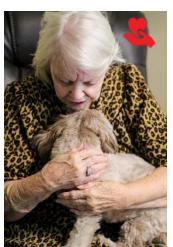
Physical 🍂



Spiritual 条









MEANINGFUL MOMENTS

THERE IS POWERFUL MEANING IN SMALL MOMENTS.



Like other memory care programs, Limestone Lodge Memory Care has planned activities. However, we also recognize the power of small, "meaningful moments" of daily life. Our community is set up to encourage these spontaneous moments in normal daily tasks that so many of our residents spent their lives performing.

"Life is a journey not a destination" - Ralph Waldo Emmerson



Jessica Kitchens, RN, ALA Administrator 256.6425991 jkitchens@cavalierseniorlivingcom



Shannon Smith, ALA
Marketing Director
256.385.1171
ssmith@cavalierseniorliving.com

YOU ARE NOT ALONE!

Become a part of the Limestone Lodge Memory Care family today and let us help your family through this journey!